

40 things kids should do before starting school

I wrote this list of 40 things I believe children should do before they start school, back in June for my other [website](#), but I thought, it would be worth sharing it here too, as it *is* about letting kids be kids.



In this modern world we live in, it can be very easy to get lost and wrapped up in everyday life, technology, day-to-day stresses and issues. We all run at such a fast pace of life these days, compared to when our parents were raising us. I believe it is so important to remember that children need to be children. They need to experience simple basic fun.

I have made a list of 40 things I believe every child should have done/experienced before they reach school age:

1. Feed the ducks
2. Walk on a log
3. Jump in muddy puddles (and get very mucky!)
4. Forest walks - looking at nature
5. Kick around in leaves (in autumn)
6. Fly a kite
7. Leaf rubbings
8. Make mud pies
9. Look for shells on a beach
10. Jump waves
11. Build sandcastles
12. Build towers and knock them down
13. Play peek-a-boo
14. Play hide and seek
15. Playdoh
16. Messy play
17. Junk modelling

18. Painting and finger painting
19. Water play
20. Splashing in the paddling pool
21. Singing
22. Dancing
23. Bubbles
24. Cooking
25. Rough and tumble
26. Make tents and dens
27. Have a pretend tea party
28. Build stuff from cardboard boxes (preferably big enough to sit in)
29. Do a roly poly
30. Play ball
31. Swing
32. Do an easter egg hunt
33. Read books together
34. Play in the snow
35. Build a snowman
36. Plant seeds
37. Dress up
38. Do a scavenger hunt
39. Visit a farm
40. HAVE FUN!!

I know my kids have absolutely loved everything on this list, but I think their favourite, has got to be **JUMPING in MUDDY PUDDLES!!** Unfortunately for me, that is also the messiest, but never mind, seeing them have fun has got to be the best thing in the world!

Have your kids completed this list?

What would you add to this list?