

Planting with children

We are currently trying to finish sorting out our garden. Last year we had a lovely patio added and the horrible decking removed. We absolutely love it, but now we need to add some plants, borders and repair the grass that got messed up during the work last year. Hence we are spending a lot of time outside at the moment.

We want our garden to be family friendly, with lots of play equipment for the children to have fun, but also to look nice and relaxing. Additionally we wanted to grow a few veg with the children, to teach them about growing food, where it comes from, caring for things and help get them outdoors.

We have been digging out new borders, which the children have loved helping with. They then spent a very large amount of time hunting for worms! The squeals of delight every time they found a worm would have been heard for miles around!

Next, we bought a planter for the corner, added some soil and got the children to plant some vegetable seeds. They each chose 2 vegetables to plant. Daddy, talked to them about the seeds and how to plant them. They were very excited and found it difficult to wait their turn, but they all had a



go.



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Then it was time to water the seeds in. My children always like to water plants, so I'm hoping they

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I believe planting with children is important, even if the outcome is not great. Last year we planted some, but our crop was not good. I am hoping this year will be better, however, for me it is more about the process of planting, learning and nurturing, than the final product.

Do you plant with your children?

