

Weekly themed play - music

It can often be hard to come up with ideas to do and play with children. I sometimes find it quite useful, to think of a theme and gear our activities around it. A lot of the time, if you suggest to your children a theme, they will come up with the ideas themselves, be guided by them.



I am going to write a series of weekly posts, every monday, where I suggest a theme. I will also provide some suggestions of activities you could try within that theme. I will then post about what we got up to here every Wednesday, if you'd like to pop back for more ideas.

This weeks theme is: Music



I believe music is very important for children, it helps language, movement, listening skills and is most definitely fun!

Here are some suggestions for musical play, fun and craft:

1. **Nursery rhymes** - sing nursery rhymes together, complete with the actions. Put on a cd if you are not very good at singing like me.
2. **Listen & dance to music** - Maybe put on a dance cd and have a bop around the room together.

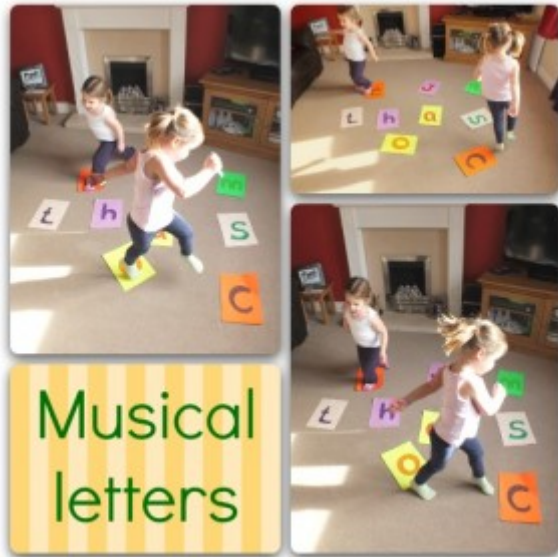
You will be surprised how fun it is and how much exercise you both get.

3. **Make your own instruments** - Get creative and make some easy shakers with some lentils or rice in a plastic pot. Make some drums with upturned plastic boxes and a pencil for the stick, or how about some elastic bands around an empty tissue box for a guitar, or get even more creative



like this one from [Makedo](#)

4. **Have a go at some musical letters** - lots of fun and learning at the same time.



5. **Play DJ** - get the children to have a DJ session, great for pretend play and older kids.
6. **Put on a show** - often children love putting on shows for you, encourage them to give you a music show with singing and dancing.
7. **Musical bumps/statues** - Kids love party games, why not have a go at some at home.
8. **Talk about music** - talk to your children about music, discuss what you each like and why, discover rhythms together.
9. **Experiment with sound** - take a stick and (gently) hit lots of different objects around the house and garden, to hear the differences.
10. **Go on a sound walk** - go for a walk and listen to how many different sounds you can hear and



identify.

Those are my 10 suggestions, but there are so many possibilities for musical play and fun. Take a look at my pinterest board for more inspiration [here](#).

Please pop back later in the week, to see what we got up to within our music theme.

I hope you find this series of weekly themed prompts for play useful. Please get in touch if you can think of something you'd like featured.