

Play ideas

Play is so important to children and family life, I thought it would be a good idea to provide some ideas for play.

There are so many different types of play, the world is your oyster. Just make sure you have fun doing it.....

Imaginative play

- Dressing up
- Pretend tea party
- Play shops
- Play hospitals, make sick beds for teddies with bandages etc
- Play cafe's - you could make menus and do some cooking too
- Make a den - pretend it's a castle
- Give your children a few props and see what they do
- Cardboard boxes - you can make cars, boats, cookers, playhouse, dolls beds
- Lego
- Building blocks/construction

Outdoor play

- Climb a tree
- Jump in muddy puddles
- Ride a bike
- Ride a scooter
- Skipping
- Play ball - catch, football, bouncing into a container
- Have races
- Make a den
- Visit a park
- Go for a walk
- Do a scavenger hunt
- Blow bubbles
- Fly a kite
- Build sandcastles
- Make mud pies
- Have a picnic or a teddy bears picnic
- Water play
- Nature hunt

Messy play

- Painting
- Shaving foam

- Make a sensory box
- Cooking

Musical play

- Sing
- Dance
- Play musical bumps/statues etc
- Get musical instruments out & play
- Turn pots/saucepans over & use as a drum
- Make instruments to play/make a noise
- Make a shaker

Art and craft

- Painting
- Playdough
- Recycled craft - use all your recycling
- Junk modelling
- Nature craft - collect nature outside then make something with it
- Drawing
- Make puppets
- Sewing

Games

- Board games
- Outdoor games e.g. whats the time mr wolf, stuck in the mud
- Hide 'n' seek
- Make up your own games

Books

- Read stories
- Read stories in your den
- Make up your own stories, have a family story telling session
- Visit the library

Please follow my blog for more ideas for play, crafts and activities. We get up to lots of fun....